

ripmo

TRACTION TUNED | 2020 QUICK SETUP GUIDE

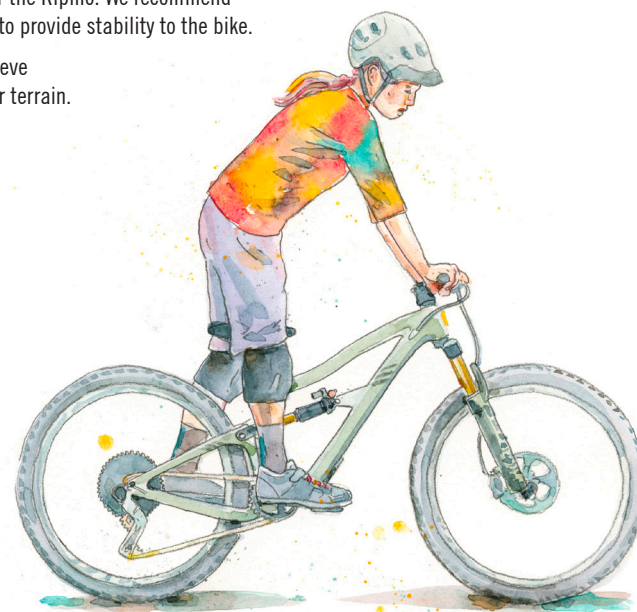


WHAT IS TRACTION TUNED?

We want to promote very responsive suspension performance, so we have developed Traction Tune for the Ripmo. We recommend having high-speed adjustments wide open or close to it, and using just enough low-speed damping to provide stability to the bike.

For maximum traction and performance, your front and rear suspension need to be balanced. To achieve proper balance, you need to setup your suspension so it matches your style and the steepness of your terrain.

Here is the recommended procedure to get the most out of your suspension.



STEP 1 FORK TUNING

First, set your fork sag with your riding gear on. Determine the sag by picking a riding style listed below. While in a standing position on the bike (*see illustration*), set the sag to the correct number of mm. Use the starting guidelines from the chart below left, these will generally get you close to 28% sag. You will likely need to raise or lower pressures to get the recommended setting.

28% / 45mm Sag:

Best for normal trail riding where efficient pedalling and a stable platform is required.

30% / 48mm Sag:

For aggressive riding in terrain that demands your attention.

32% / 51mm Sag:

Use for rough, steep, slippery trails when maximum control is a must.

NOTE: To determine the model year of Fox suspension you have, enter the 4 digit tune code over your shock or fork into this page: <https://www.ridefox.com/fox17/help.php?m=bike>

FOX FLOAT 36 AIR PRESSURES : 29

FOX FLOAT 36 FACTORY GRIP 2

FOX FLOAT 36 PERFORMANCE GRIP 2

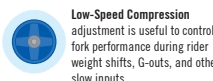
RIDER WEIGHT		160MM
LB	KG	PSI
120-130	54-59	50
130-140	59-64	54
140-150	64-68	59
150-160	68-73	62
160-170	73-77	66
170-180	77-82	70
180-190	82-86	75
190-200	86-91	80
200-210	91-95	84
210-220	95-100	88
220-230	100-104	92
230-240	104-109	97
240-250	109-113	101
MAX		120

CLICKS FROM CLOSED				
PRESSURE (PSI)	HSC	LSC	HSR	LSR
40	16	12	8	10-12
45	16	12	8	10-12
50	16	10-12	8	8-12
55	14-16	10-12	8	8-12
60	14-16	8-12	7-8	8-12
65	14-16	8-12	7-8	6-10
70	12-16	8-12	7-8	6-10
75	12-16	8-12	6-8	6-10
80	12-16	8-12	6-8	4-10
85	12-16	6-10	6-8	4-10
90	10-16	6-10	5-8	4-10
RANGE	0-16	0-12	0-8	0-12

CLICKS FROM CLOSED		
PRESSURE (PSI)	COMPRESSION	REBOUND
40	Open	13
45	Open	13
50	Open	12-13
55	Open	12-13
60	Open	12-13
65	Open	10-13
70	Open	10-13
75	Open	10-13
80	Open	8-13
85	Open	8-13
90	Open	8-13
	SWEEP	RANGE 0-13



High-Speed Compression adjustment is useful to control fork performance during bigger hits, landings, and square-edged bumps.



Low-Speed Compression adjustment is useful to control fork performance during rider weight shifts, G-outs, and other slow inputs.

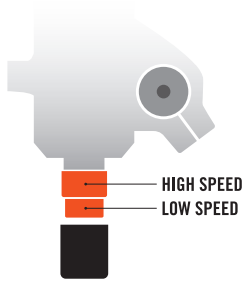


The **3-Position Micro Adjust** lever is useful to make on-the-fly adjustments to control fork performance. Use the positions between the **OPEN**, **MEDIUM**, and **FIRM** modes to fine-tune your compression damping.

STEP 2 **REBOUND SETTINGS**

Once you have the sag set, use the charts on page 1 to set your compression and rebound settings. From there, adjust to your preference.

**FOX 36
REBOUND ADJUSTERS**



BALANCING YOUR SUSPENSION

It's best to balance your suspension for different types of riding.

- If your normal descent is 10-15% down grade, use recommended pressures.
- If your normal descent is 20-25% down grade, reduce rear shock pressure by 4% and increase fork pressure by 4% over recommended pressure.
- If your normal descent is 30+% down grade, reduce rear shock pressure by 8% and increase fork pressure by 4% over recommended pressure.

STEP 3 **SHOCK TUNING**

Set the rear sag and rebound using the same technique as the fork pressure. These are just guidelines, so experiment until you find the settings that work for you. Once you have the sag set, use the charts below to set your compression and rebound settings. From there, adjust to your preference.

FOX X2 : RIPMO

FOX DPK2 : RIPMO

RIPMO SAG	28% WHEEL SAG = 14MM SHOCK STROKE	30% WHEEL SAG = 15MM SHOCK STROKE	32% WHEEL SAG = 16MM SHOCK STROKE	28% WHEEL SAG = 14MM SHOCK STROKE	30% WHEEL SAG = 15MM SHOCK STROKE	32% WHEEL SAG = 16MM SHOCK STROKE
RIDER WEIGHT (LBS.)	SHOCK PRESSURE (PSI)	SHOCK PRESSURE (PSI)	SHOCK PRESSURE (PSI)	SHOCK PRESSURE (PSI)	SHOCK PRESSURE (PSI)	SHOCK PRESSURE (PSI)
120 - 130	142	137	133	149	142	138
130 - 140	158	153	148	167	160	156
140 - 150	175	168	163	186	179	175
150 - 160	191	184	178	205	198	194
160 - 170	207	199	193	223	216	212
170 - 180	223	215	208	242	235	231
180 - 190	239	231	223	261	254	250
190 - 200	256	246	239	279	272	268
200 - 210	272	262	254	298	291	287
210 - 220	288	277	269	317	310	306
220 - 230	N/A	293	284	336	329	325
230 - 240	N/A	N/A	299	N/A	347	343
240 - 250	N/A	N/A	N/A	N/A	N/A	N/A

STEP 3**SHOCK TUNING** *(Continued)***FOX X2 SHOCK DAMPER BASE SETTING**

CLICKS FROM CLOSED				
PRESSURE (PSI)	HSC	LSC	HSR	LSR
100	20-22	20-22	18-22	20-22
110	20-22	20-22	18-22	20-22
120	20-22	20-22	18-22	20-22
130	20-22	20-22	18-22	20-22
140	20-22	18-20	18-22	20-22
150	18-21	18-20	18-22	19-21
160	18-21	18-20	18-22	19-21
170	18-21	16-18	18-22	19-21
180	18-21	16-18	18-22	19-21
190	16-20	16-18	18-22	19-21
200	16-20	14-16	18-22	19-21
210	16-20	14-16	18-22	17-19
220	16-20	14-16	18-22	17-19
230	15-18	12-14	18-22	17-19
240	15-18	12-14	18-22	15-17
250	15-18	12-14	18-22	15-17
RANGE	0-22	0-22	0-22	0-22

FOX DPX2 SHOCK DAMPER BASE SETTING

CLICKS FROM CLOSED		
PRESSURE (PSI)	LSC	LSR
110	Open	10-12
120	Open	10-12
130	Open	10-12
140	Open	10-12
150	Open	10-12
160	Open	10-12
170	Open	10-12
180	Open	10-12
190	Open	10-12
200	Open	10-12
210	Open	10-12
220	Open	10-12
230	Open	10-12
240	Open	10-12
250	Open	9-12
260	Open	9-12
270	Open	8-12
280	Open	8-12
RANGE	LEAVE IT OPEN	0-12

TORQUE SETTINGS

HARDWARE	TORQUE SPEC.	THREAD TREATMENT
Clevis to Swingarm Bolts	15 Nm	Titanium Bolts: Loctite 243 on threads, Ti anti-seize under head of bolt
Deraillieur Hanger Bolt	5 Nm	Grease
Downtube Rock Guard	2 Nm	Loctite 243
Forward Shock Mount Bolt	10 Nm	Loctite 243 on threads, grease under head of bolt or mylar washer
Lower Link 6mm Preload Bolts	2 Nm	Loctite 243 on threads, grease on flange
Lower Link 5mm Pinch Bolts	10 Nm	Loctite 243
Lower Shock to Clevis Bolt	20 Nm	Ti anti-seize
Rear Brake Caliper	6 Nm	Loctite 243
Seat Binder	5 Nm	Ti anti-seize
Upper Link Bolts	10 Nm	Loctite 243

FOR MORE IN-DEPTH INSTRUCTIONS DOWNLOAD THE FULL SET UP GUIDE AT: ibiscycles.com/support/set-up_guide/